

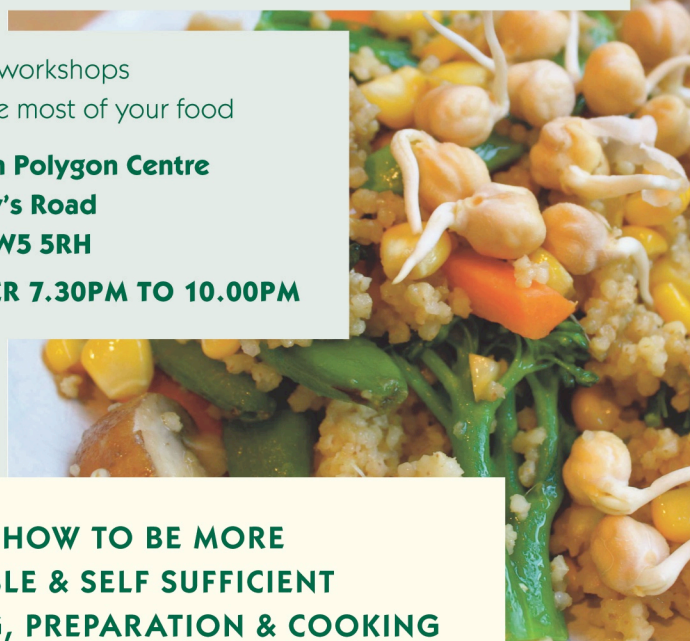


SUSTAINABLE SUNDAY

A series of workshops
to help you make the most of your food

St. Mary's Church Polygon Centre
St. Mary's Road
Ealing W5 5RH

SUNDAY 18TH OCTOBER 7.30PM TO 10.00PM



**COME AND LEARN HOW TO BE MORE
CREATIVE, SUSTAINABLE & SELF SUFFICIENT
WITH YOUR FOOD GROWING, PREPARATION & COOKING**



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Bee Keeping
Chutney Making

£5
per
workshop

